

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Francois le Roux**

Has successfully participated & completed the

**13km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 01:59:26**

**PACE 09:10/km**

**OVERALL 98 of 149**

**GENDER 64 of 79**

**40 - 49 21 of 25**

23 June 2019, Sun

Date



*BoutTime*

Signature

